Psychology B Group Report 2026

This Psychology discussion group was set up 3yrs ago. During that time we have had many discussions, from Maslow's Hierarchy of Needs to Old Age, Phobias, Colour, Psychology of Imprisonment, and many more.

At the end of 2025, our discussions were about Happiness, and Social Identity.

During 2026, we have discussed:-
Toxic Masculinity, followed by
Toxic Femininity
North - South Divide
Psychology of Architecture
De Bono's 6 Thinking Hats
Psychologists in Education
Jung's various theories, eg Individuation, Death Drive & Synchronicity, Persona and others
Conspiracy is our subject for October.

We decide on a subject, then each of our members researches an aspect relating to the subject and brings their findings to the meeting. We rarely plan ahead but decide one month what to discuss the following month.

We tend to not have a meeting in August and December to allow members to enjoy their "other" lives.... Ie family and holidays LOL.

We have set a limit of 10 members to our group in order to give everyone "air time" for discussing their research.

Some of our group members have been attending from the beginning, others joined later, but we have a stable membership and attendance and I thank the members for their dedication to this group.

With my Group Leader's hat on, even though we have 3 Psychology discussion groups, I'm sure another could be just as successful if someone wants to facilitate a 4th group....

Sue Seymour
Group Leader
November 2026